

..MAKN⁹OOON ..

HIDDEN (. ADJ.):
CONCEALED INSIDE ONESELF

MIND, BODY, & SPIRIT

TOPIC

The Impact of Islamic Spirituality on Mental
and Emotional Health Amongst Muslim
young Adults

MUSLIM
YOUNG ADULTS
18 - 26 YRS

National Psychology Association of Washington

RESEARCH FINDINGS

Lack of Islamic
Spiritual
Knowledge

Universal
Foreign
Understanding
of Meditation

RESEARCH MISSION

TO EDUCATE

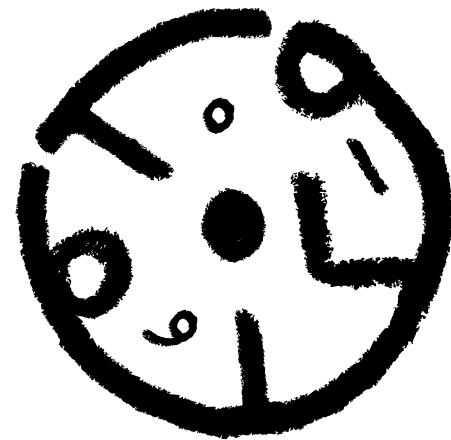
Muslim young adults about their Islamic Spirituality,

HOW LIBERATING

is it to be spiritual, and how they can utilize

DOUAA MEDITATION TO COPE

With their mental and emotional distress.



مَكْنُونٌ

PROJECT CONCEPT

مَكْنُونٌ

Is a metaphorical animated short film
designed as an Islamic meditative session.

EMOTIONAL EXPERIENCE

A journey of spiritual discovery linked
to the mental and emotional makeup.

“When life becomes mentally and emotionally overwhelming, A young man unravels the power of prayer through a spiritual session of isolation.”

LOGLINE

SYNOPSIS

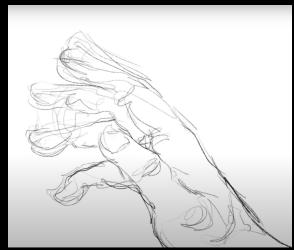
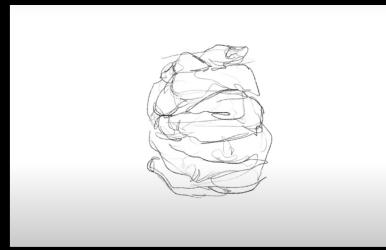
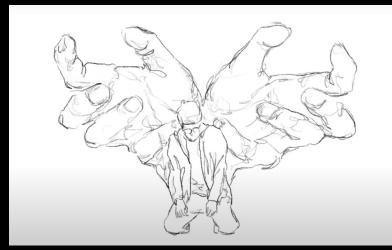
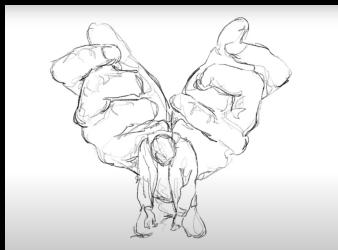
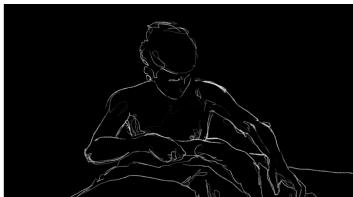
“When life becomes mentally and emotionally challenging, A young man unravels the power of prayer through a spiritual session of isolation.“

Maknoon is a short film about a Young man who sits his room of isolation and start conversing in thin air. Although, he is directing his word to the Lord, they are coated with doubts and uncertainty.

Still, he pours his heart out as a last resort. He declares his struggles of mental and emotional nature and describes his depression and hopelessness as an ocean that keeps sinking him to the bottom. He is overwhelmed and fed with his struggles and want a resolution.

His tone of voice changes as he turns the Lord for guidance and reassurance, all shall pass and be well. He becomes overwhelmed with contentment as he has let it all out into the hands of ultimate creator and ruler of the universe, for her will be the guide and protector.

VISUAL STYLE



SKETCHY LINES

ROTOSCOPING

HAND DRAWN

LINE ART FBF

WHY?

Raw, Imperfect, Non-Judgmental
and Personal Experience.

COLOR SCHEME

WHITE

BLACK

GREYSCALE

TABSHOOR

ط بشور

CORBEL

كوربيل

TYPEFACE

SCRIPT

مكملون

*** Add subtitles in arabic and english

Video	Audio
FADE IN BLACK:	
Digital Black Screen	Humming Bass Up then down
VFX of logo fading in In the bottom right corner	
FADE IN:	NARRATOR: يا... هل تسمعوني؟
Int. A young man's bedroom - Deep Night	
ES, LS - Eye level - A young man sitting on the floor with his back to the camera. CAMERA ZOOMS IN.	People mouthing random words
VFX of the narration appears to his sides	
STYLE TRANSITION:	
FADE IN:	NARRATOR: ادركوا مساحاتكم... انتظروا قليل و سلام
Digital Black Screen with drawings in White	AMBIENCE MUSIC Establish
VFX of the same young man drawn in a sketchy rotoscope style - The man is in a long train rails extend to infinity. Then a black hole appears at the end and sucks the camera in.	Desert Humming
ZOOM IN:	
CS, Eye level - In the black hole, a person with his hands tied to his neck. She tries to untie himself, then gives up.	NARRATOR:.. يقول لهم يا... قطة!
DOOR CLOSES OVER FRAME:	Rope chackling

مكملون

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CS, Eye level - A door closes on the frame and bangs heavily, indicating the fidelity of the situation.	NARRATOR: هلمة ولند من الباب... الخوازيز... Door BANG
ZOOM OUT:	
LS, Eye level - Many doors show up beside the original door, and they all bang closed as a sign of rejection. Then the camera zoom again at one door that is opening.	NARRATOR: من مساحة... ليس لهم... Door BANG Door BANG Door BANG
ZOOM IN:	
MS, Eye level - The door shoves. A man appears at the inside, choking on a liquid.	NARRATOR: ...بحضراتكم من الماء... Gurgling sound
ZOOM IN:	
LS, Eye level - A drop falls and splashes on the floor.	NARRATOR: يسلمهها امسوده
ZOOM RIGHT:	
LS, Eye level - As the camera pans to the right, the drop becomes a small wave. The small wave become an angry tide.	NARRATOR: اصمع بعرا مانعها Heavy waves
ZOOM DOWN:	
LS, Eye level - A man is drowning in the vicious tide. He tries to struggle but cannot get out.	NARRATOR: يمطرق بين مهبة و سهاماً... Man asking for help
With each word, a rope is stretch from the bottom to and tied around the sides. The man even deeper in the ocean.	NARRATOR: قطة... يمطرق... دعوه... خلاص... يمسح
ZOOM IN:	
CS, Eye level - Camera zooms into the struggling hands of the drowning man. They get closer to each other and form the gesture of doasus.	NARRATOR: حملة مساحاتكم... قطة... و مهدى...

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DOLLY UP:	NARRATOR: اداء ممتع لكم
Digital White Screen with black drawings in white	
The camera pans up to the right. With each the style changes to pure white, indicating the change of thinking from negative to positive.	
ZOOM OUT:	
MS, Eye level - Ayah appears inside of an hour glass dripping sand into the bottle neck.	NARRATOR: ...بارب... Soft rain
ZOOM DOWN:	
LS, Eye level - The sand goes out as rain instead, as a sign of the end. Inside of the hour glass a man figure is embracing the rain coming down.	NARRATOR: اندفع على صدره... Heart beat
The hour glass shines and a glass filing runs through it.	NARRATOR: و ماءس بعريمة لا... Glass filing
ZOOM DOWN:	
CS, Eye level - Veins stretch out from the man downwards as they connect to a heart in the middle. They connect to a heart in the middle. The heart beats comfortably.	NARRATOR: ساروا... و انت اقرب الى حبك... من حبك الموردة...
Heart keeps beating.	NARRATOR: اصحاب المكينة... و المولين...
ZOOM OUT:	
CS, Eye level - Camera zooms into the struggling hands of the drowning man. They get closer to each other and form the gesture of doasus.	NARRATOR: سائل الماء... قطة... قطة... و مهدى...

مكملون

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INT. the young man's Bedroom - Deep Night	NARRATOR: و اجمل دعاء الله... دعاء
LS, Eye level - the man is holding a candle in his hands. His facial expression are clam and serene. He narrates the fine words and goes in silence, smiling.	Candle flicker
ZOOM OUT:	
FADE IN:	NARRATOR: ...الليلة و العذابها...
VFX of credits roll	Ambience Music down
FADE OUT WHITE:	

THE END

V.O. SCRIPT

(ادعوني أستجب لكم)

يا رب..

أفرغ علي صبرا..

و مني بعزم لا تتكسر..

يا رب..

و أنت الأقرب إلي من حبل الوريد..

امنحني السكينة.. و اليقين.. بانك الصاحب و الرفيق..

و اجعل دعائي الذي بيني و بينك..

نورا.. استدل به في الحياة..



يا الله.. هل تسمعني؟

ادركت متأخرا ان الطريق طويل و مظلم..

لا حول لي به و لا قوة..

ظلمة ولدت من ألم الخسارة.. من مرارة اليأس..

و ضياع.. يجرعني كؤوسا من العجز..

ينبوعها الاسود أضحي بحرا هائجا

يغرقني بين عشية و صحاها

في الله.. بقدر بشرتي.. ضعفي.. خوفي.. حزني.. يأسني..

جئتكم مستغيثا.. املا في وعدكم..

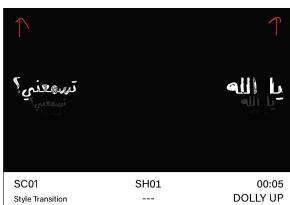
MANY
VOICES

Relation

Union

STORYBOARD

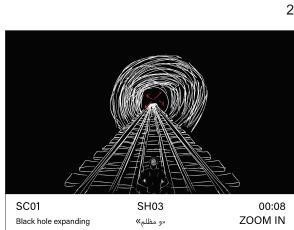
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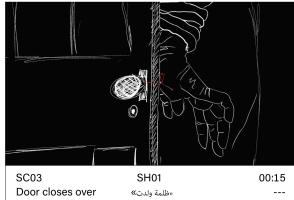
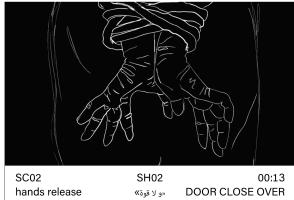
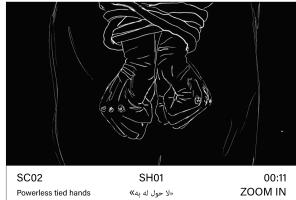
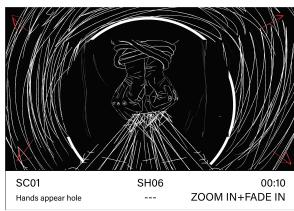
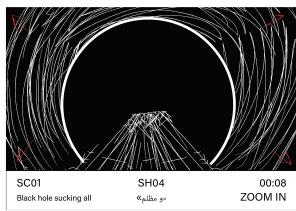
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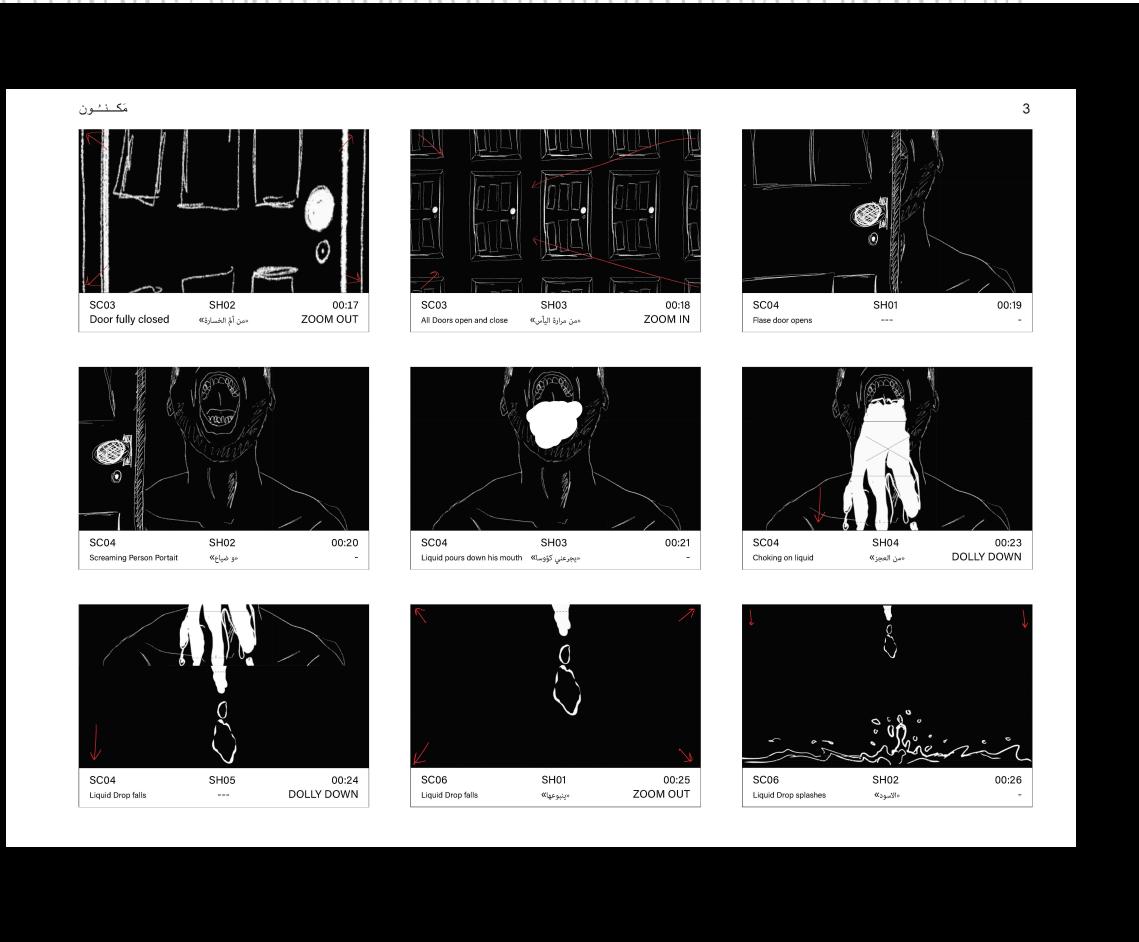
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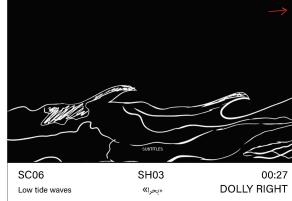
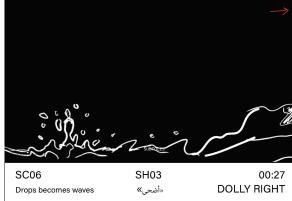
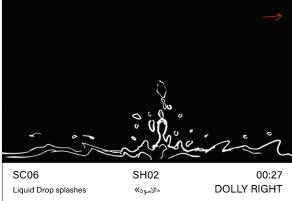
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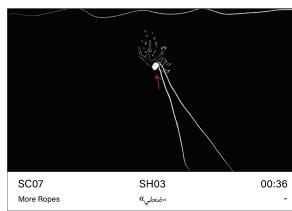
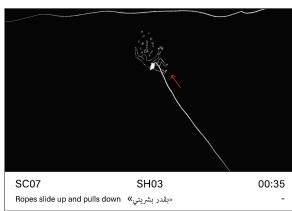
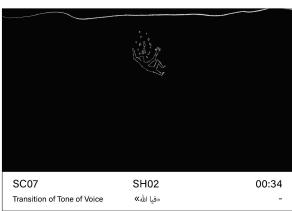
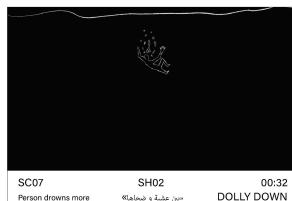
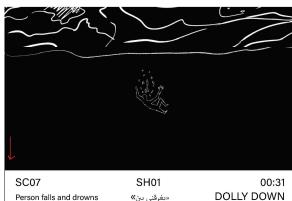
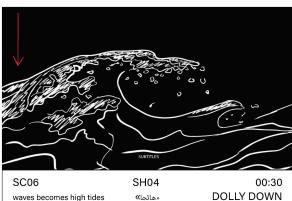
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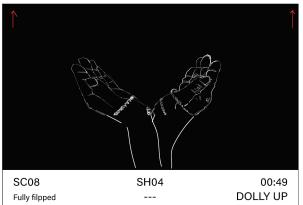
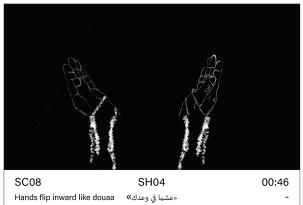
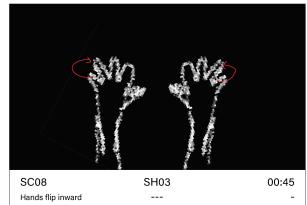
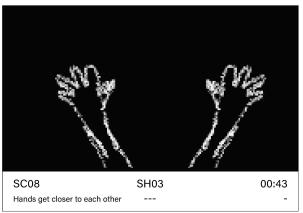
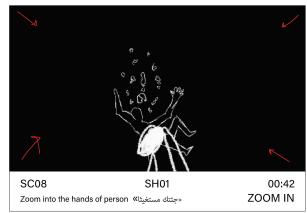
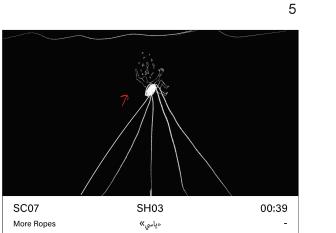
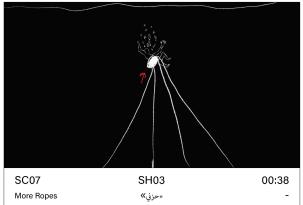
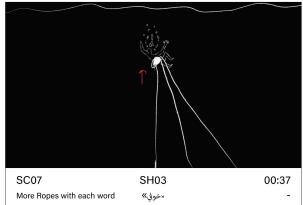


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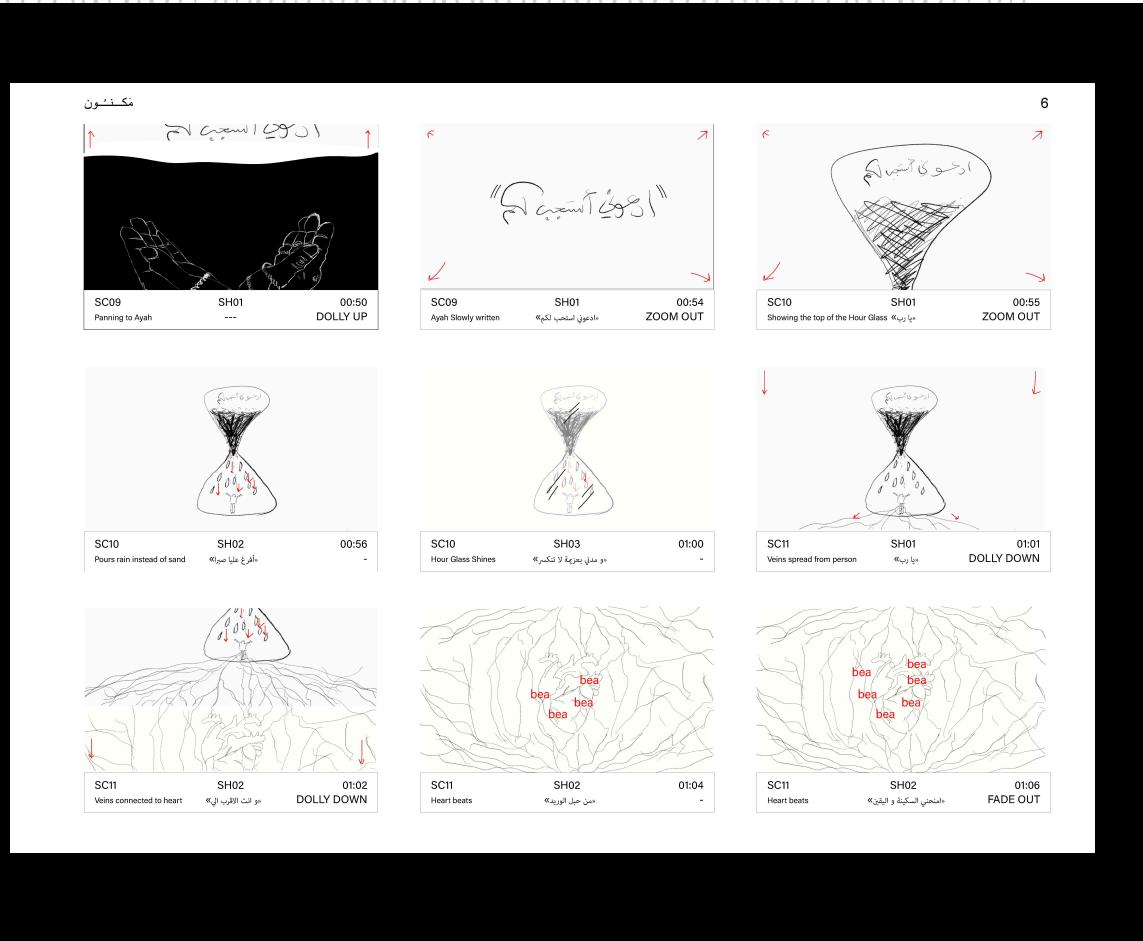
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STORYBOARD

STORYBOARD

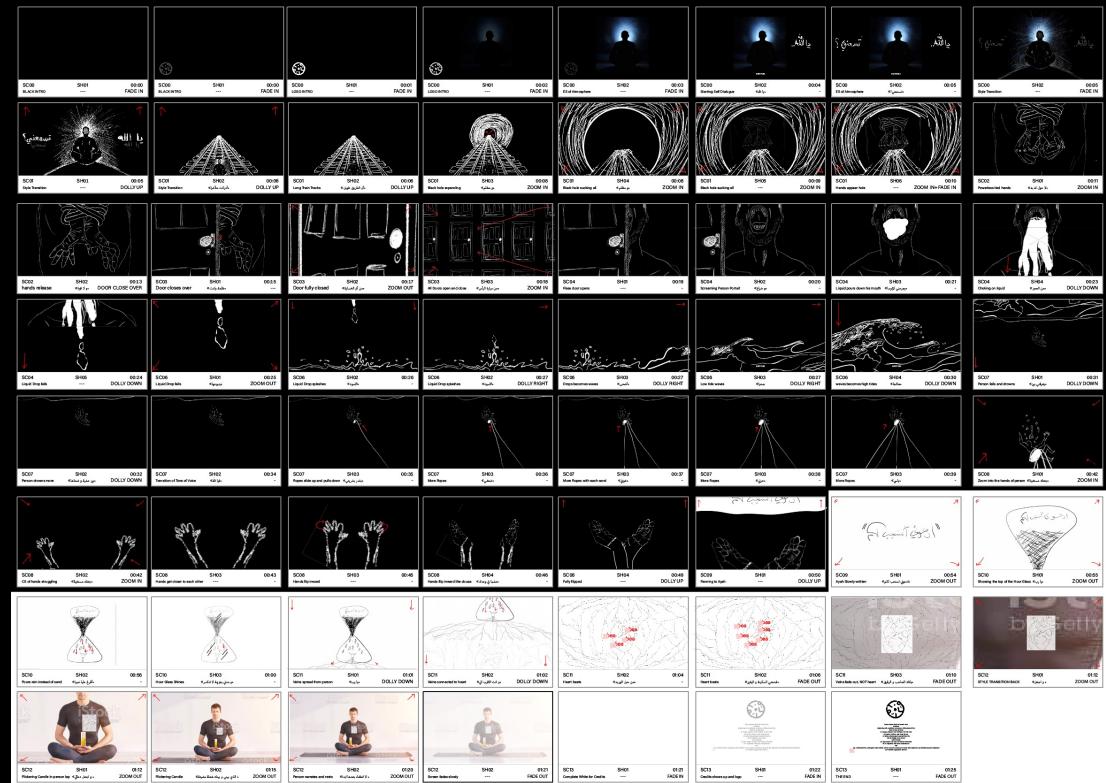


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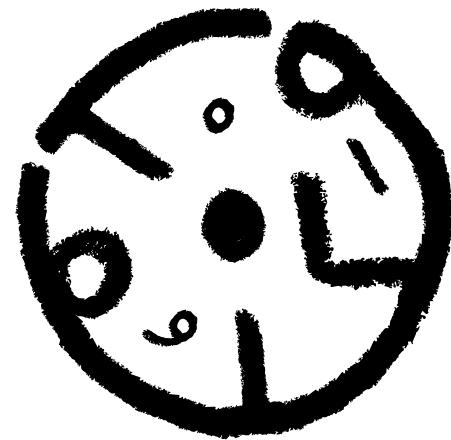
~~COLOR CHANGE~~



STORYBOARD

ONE SHOT

Replicating the consistent flow
of thinking and ideation



مَكْنُونٌ